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Healthy Mothers, Healthy Babies. In That Order. Centering Mother's Voices in Maternal Care.

BREASTFEEDING INCLUSION

Culturally Competent Support for Diverse Families

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Families Are Choosing to Breastfeed/Chestfeed

How Can We Help?



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Quality Support

Knowledgeable and respectful lactation support can be essential to a families' success

- Lactation and infant feeding can be achieved in different ways
- Be understanding and accommodating

Doing the work to be culturally competent

- Remove biases
- Genuinely care
- Be respectful and compassionate
 Listen

Reflection and Dialogue



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