

Childhood Illness and Disease Risk Reduction with Breastfeeding

Sudden Infant Death Syndrome	36%
Otitis Media (Ear Infections)	50%
Upper Respiratory Infections	63%
Lower Respiratory Infections	72%
RSV Bronchiolitis	74%
Asthma with family hx / without family hx	40% / 26%
Atopic Dermatitis	42%
Gastrointestinal Infections	64%
Gluten Intolerance (Celiac Disease)	52%
Type 1 Diabetes / Type 2 Diabetes	30% / 40%
Obesity (4% reduction for ea mo breastfed)	24%