**HMHB Ambassadors: Joining the HMHB Advocacy Committee**

**Overview:**
These are the steps you can take to engage as an HMHB Ambassador! These activities will help you become familiar with HMHB, the policy landscape in Georgia, and how to impact real change for Georgia’s mothers and infants. We are happy to support you during any and all of these activities.

I. **Infant (Don’t know what you are doing yet, but very curious about everything)**
   - Call or write State House Rep and State Senator for Introduction/Issue
   - Make $100 donation to advocacy at HMHB
   - Attend one HMHB annual event*

II. **Toddler (Things kind of making sense, but still very confusing)**
   - Make $250 donation to HMHB Advocacy
   - Attend face to face meeting with your Rep and Senator (HMHB can help facilitate)
   - Submit Letter to the Editor on a HMHB policy issue
   - Attend HHS or Insurance Committee hearing
   - Attend two HMHB annual events*

III. **Teenager (You think you know everything about advocacy now, through your training, but the “real world” of politics still has a couple of lessons to teach you)**
   - Make $500 donation to HMHB Advocacy
   - Submit Op-Ed piece on a HMHB advocacy issue
   - Get your two legislators to the Legislative Luncheon
   - Identify a potential nominee for the Mother’s Day Luncheon
   - Field at least one team for the golf tournament or purchase a table for Mother’s Day Luncheon

IV. **Parent (Now you understand everything you were wrong about as a teenager)**
   - Make $1,000 donation to HMHB Advocacy
   - Be a team leader to assist our Infants and Toddlers in connecting with their legislators
   - Get your Rep or Senator to sign a bill supported by HMHB
   - Testify in committee about a personal or professional story that supports a HMHB policy goal
   - Sign up at least one team for the golf tournament OR purchase a table for Mother’s Day Luncheon
   - Host a house party/event to raise awareness of HMHB and its policy agenda

*HMHB Annual Events: February Legislative Luncheon; Spring Mother’s Day Luncheon; Fall Golf Tournament; October Annual Meeting and Conference.

Ready to begin? Email us at: thecoalition@hmhbga.org.