



Do not send this as a group email. Legislators should get an individual thank you email with their legislative aide copied.

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Senator Zahra Karinshak (D - Duluth): zahra.karinshak@senate.ga.gov; summer.boone@senate.ga.gov

This is just a template. Feel free to make the email your own!

Senator/Representative/Chairman/Chairwoman _____,

I am writing to say THANK YOU. Because of your hard work, HB 1090 passed. We understand that this legislative session was a difficult one with the onset of the COVID-19 pandemic and the call for budget cuts. Yet, you continued to ensure that breastfeeding accommodations remained a priority and we are grateful for all of your hard work. Due to your efforts, breastfeeding employees will be able to express breastmilk during their paid breaks. Breastfeeding is vital for both the health of mom and baby and exclusive breastfeeding is recommended by the American Academy of Pediatrics for up to six months. However, only about 1 in 5 Georgia babies reach this goal, with return to work being a common reason for not continuing breastfeeding. Ensuring that breastfeeding mothers are supported in the workplace is a step in the right direction of improving exclusive breastfeeding in Georgia. Thank you again so much for your work on behalf of Georgia's moms and babies.