

BREASTFEEDING INCLUSION: Culturally Competent Support for Diverse Families

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Spencer, B., O'Keefe, A., & Cagle, A. (2019). Creating a Community of Breastfeeding Support at Texas Woman's University.

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Some websites with resources to assist/educate on cultural awareness:

https://www.pennmedicine.org/for-patients-and-visitors/find-a-program-or-service/lgbt-health/lgbt-resources?fbclid=IwAR0DoQtPxXKduXmp4R7dsl2K_d3K9p6TB7AHkdGDtg9qnFNocLs4UIdafu8

http://www.lgbthealtheducation.org/wp-content/uploads/12-054_LGBHealtharticle_v3_07-09-12.pdf

<http://www.breastfeedingrose.org/wp-content/uploads/2019/09/ROSE-Blueprint-PDF.pdf>

<https://supportingbreastfeeding.wordpress.com/2016/03/21/breastfeeding-chinese-culture-and-resources/>

<http://www.breastfeedla.org/asian-breastfeeding-task-force/>

<https://www.spanishforbreastfeedingsupport.com/breastfeeding-resources-i.html>

<https://www.llli.org/breastfeeding-info/transgender-non-binary-parents/>

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Some helpful terms taken from

<https://kellymom.com/bf/got-milk/transgender-parents-chestbreastfeeding/?fref=gc>

Nonbinary or gender binary:

The assumption that there are two genders, male and female. Many trans people understand gender as a spectrum.

Transgender:

a person whose gender identity or expression does not match the typical societal expectations of their birth-assigned gender. Transgender people may or may not wish to modify their bodies to varying degrees by taking hormones or having surgery.

Chestfeeding-

Some masculine-identified trans people use this term to describe the act of feeding their baby from their chest, regardless of whether they have had chest surgery. Note that others prefer to say breastfeeding or nursing. The choice is individual, and health care providers should ask clients what they prefer.